



## FROM EAR TO EAR

Each summer we source a variety of products from local farmers near our Machine Shed Restaurants. One of our most popular items we purchase from local farms is fresh sweet corn. Sweet corn is planted shortly after the last frost in Spring, and is harvested in late Summer – typically July and August. Stop into our Sheds to try delicious sweet corn from our favorite local farmers!

#### **DAVENPORT**

Kurt's Green Acres and Little Red Barn, Davenport, IA facebook.com/kurtsgreenacres

#### **URBANDALE**

**Deardorff Farms**, Adel, IA <u>facebook.com/Deardorff-Sweetcorn-275975606463/</u>

#### **PEWAUKEE**

Bassie Farms, Colgate, WI bassesfarms.com facebook.com/BassesTasteOfCountryFarmMarket

#### **LAKE ELMO**

Costa Farms, Stillwater, MN costafarm.com facebook.com/costafarmgreenhouse

### **APPLETON**

Mares Farm Market, Clintonville, WI terrymaresfarmmarket.com

#### **ROCKFORD**

Rain Water Farms, Rochelle, IL facebook.com/Rainwater-Farms-629183373856340



















Next to

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You can support local farmers in your area by purchasing from them directly at your local farmers markets. There are plenty of markets conveniently located near all of our Machine Sheds!

#### **DAVENPORT**

Freight House Farmers Market, Saturday 8A-1P freighthousefarmersmarket.com

Quad Cities Growers Market, Various Locations and Time growersmarkets.com

#### **ROCKFORD**

Rockford City Market, Friday 3:30-8:30P before Labor Day and 3:30-7:30P after Labor Day rockfordcitymarket.com

Edgebrook Farmers Market, Wednesday 9A-1P, Thursday 3-6:30P edgebrookshops.com/events/farmers-market

#### **DES MOINES**

Hotel Renovo Farmers Market, Thursday 4-7P Des Moines Farmers Market, Saturday 7A-12P desmoinesfarmersmarket.com

#### LAKE ELMO

Lake Elmo Farmers Market, Saturday 8A-12P facebook.com/Hudson-Farmers-Market-on-CARMI-CHAEL-140544355962413/

#### **PEWAUKEE**

Waukesha Farmers Market, Saturday 8A-12P waukeshafarmersmarket.com

Brookfield Village Farmers Market, Thursday 3-7P villageofbrookfieldwi.com/farmers-market

Brookfield Farmers Market, Saturday 730A-12P brookfieldfarmersmarket.com/about-us.html

#### **APPLETON**

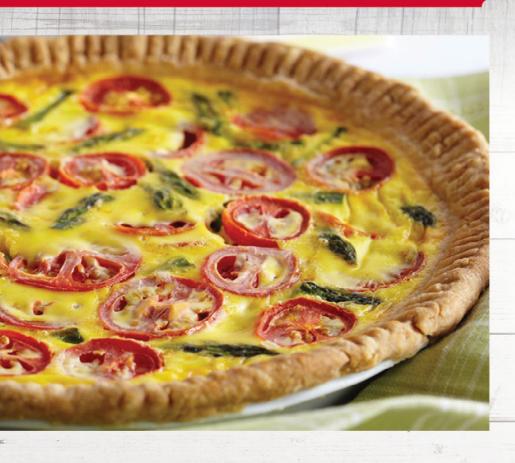
Oshkosh Farmers Markets, Various Locations and Times osfmi.com

Appleton Downtown Farm Market, Saturday 9A-12:30P facebook.com/downtownappletonfarmmarket



Freshen up your favorite recipes by adding ingredients from your local farmers market. While locally-grown sweet corn is a summertime Machine Shed favorite, there are plenty of other produce options to try. Simply replace store-bought vegetables in these recipes with fresh market selections to improve taste and support our local farmers.

## > ASPARAGUS TOMATO QUICHE



#### WHAT YOU NEED

- ·1 basic piecrust (9-inch), baked
- 1 cup asparagus pieces (1-inch)
- · 3/4 cup shredded Italian cheese blend (3 oz.)
- 1 cup cherry tomato slices
- 6 eggs
- •1/2 cup milk
- •1/3 cup sour cream
- •1/2 tsp. salt
- •1/4 tsp. white pepper

#### **DIRECTIONS**

- 1. **HEAT** oven to 375°F. BLANCH asparagus in boiling water for 1 minute. DRAIN well. SPRINKLE cheese evenly in bottom of piecrust. TOP with asparagus and tomatoes in an even layer.
- 2. **BEAT** eggs, milk, sour cream, salt and pepper in medium bowl until blended. Carefully POUR over filling in piecrust.
- 3. **BAKE** in center of 375°F oven until center is almost set but jiggles slightly when dish is gently shaken and knife inserted near center comes out clean, about 40 minutes. **LET STAND** 5 minutes. **CUT** into wedges.

Recipe Courtesy of Incredible Egg

> FARMERS MARKET VEGETABLE, BEEF, BROWN RICE SALAD

#### WHAT YOU NEED

- •1 beef Top Round Steak, cut 3/4 inch thick (about 1 pound)
- •1 teaspoon olive oil
- · 2 cups asparagus pieces (2-inch pieces)
- 1 medium yellow squash, cut lengthwise in half, then crosswise into 1/4-inch thick slices
- 3 cups hot cooked brown rice
- •1 cup diced, seeded tomatoes
- •1 cup canned garbanzo beans, rinsed, drained
- •1/4 cup fresh basil, thinly sliced
- 1/2 teaspoon salt

#### **MARINADE**

- 1/4 cup olive oil
- · 2 tablespoons fresh lemon juice
- •1 tablespoon minced garlic
- 1 tablespoon honey
- 2 teaspoons fresh thyme, chopped
- 1/4 teaspoon salt
- •1/8 teaspoon black pepper

#### **DIRECTIONS**

1. Combine marinade ingredients in small bowl. Place beef steak and 1/4 cup marinade in food-safe plastic bag; turn steak to coat. Close bag securely and marinate in refrigerator 6 hours or as long as overnight. Reserve remaining marinade in refrigerator for dressing.



- 2. Remove steak from marinade; discard marinade. Place steak on rack in broiler pan so surface of beef is 2 to 3 inches from heat. Broil 12 to 13 minutes for medium rare (145°F) doneness, turning once. Remove; keep warm.
- 3. Heat oil in large nonstick skillet over medium-high heat until hot. Add asparagus and squash; cook and stir 7 to 8 minutes or until tender. Toss with rice, tomatoes, beans, basil, salt and reserved marinade in large bowl.
- 4. Carve steak into thin slices. Serve over rice salad.

Recipe courtesy of **Beef What's For Dinner** 

## > PICKLE SEASON



#### WHAT YOU NEED

- 8-10 cucumbers
- 2 cups white vinegar
- 2 cups apple cider vinegar
- 5 cups water
- 1 tbsp red pepper flakes
- •1 cup salt
- ½ cup garlic
- 1 tbsp mustard seed
- •1 tsp dry dill seed
- 2 cups fresh dill
- ½ tsp alum

#### **DIRECTIONS**

Cut pickles in desired form. Then bring water and salt, and vinegars bring to a boil. Remove from heat- add all other ingredients - pour over pickles let set in fridge for 5-7 days.

Chef Jeff is making The Machine
Shed's new and soon to be famous
homemade pickles! Watch this video
to see how it's done, and follow the
recipe to make your very own at home.

Jeff Grunder has worked for the Machine Shed since the summer of 1983. Starting as a line cook and working his way up to Executive Chef and Chief Operating Executive – we like to think of him as Mr. Machine Shed! Come see him at the original Machine Shed in Davenport – he can tell you all about the Machine Shed and its recipes, past and present!

# > ONE PAN PARMESAN PORK CHOPS AND VEGGIES

#### WHAT YOU NEED

- •1 pound ribeye (rib) pork chops, (4-5 chops)
- •16 ounces baby red potatoes, cut into 1 inch pieces
- •16 ounces green beans, trimmed
- 2 tablespoons olive oil
- •1 teaspoon fresh thyme, removed from stem
- 5 cloves garlic, minced
- •1/4 teaspoon pepper
- •1/2 teaspoon salt
- ·2/3 cup parmesan cheese, grated
- · 2 tablespoons fresh parsley, chopped

#### **DIRECTIONS**

- 1. Preheat Oven To 400 Degrees. Spray Baking Sheet With Non-Stick Cooking Spray.
- 2. In a large mixing bowl combine the olive oil, thyme, garlic, pepper, salt and Parmesan cheese.
- 3. Brush about 1/2 of mixture on the top of the pork chops. Place pork chops on baking sheet.
- 4. Add the potatoes and green beans to the Parmesan mixture in the bowl and mix until combined. Place veggies on the baking sheet with pork chops.



- 5. Bake 20-22 minutes then broil for 3-4 minutes until the cheese is golden and I the pork is completely cooked through reaching internal temperature between 145 degrees F. to 160 degrees F. Let rest 3 minutes.
- 6. Garnish with parsley and serve immediately.

Recipe Courtesy of **Pork Be Inspired** 



The Machine Shed Gift Shop has everything you need to make mealtime a **success**. From bringing farmers market items home in a Machine Shed tote, to prepping and serving up a delicious meal. **Visit** your local Machine Shed for the items below and be sure to check out our other products for more great ways to prepare your farmers market items at home.

Serrated claw cuts your prep time in half.

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CRISPIN ZESTER

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MARY LAKE-THOMPSON CANVAS BAG

FARMERS MARKET

MACHINE SHED

CRISP™ - MELON KNIFE

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CRISP™ - SET OF 3 BERRY BASKETS



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Come visit the Shed out in your local community this Summer!

#### MACHINE SHED ROCKFORD

August 9-14 | Boone County Fair September 2-5 | Rock River Thresheree-Edgerton, WI

#### **MACHINE SHED PEWAUKEE**

August 4-14 | Wisconsin State Fair

August 18-21 | Milwaukee Journal Sentinel a la Carte at the Zoo

#### MACHINE SHED APPLETON

July 25-31 | EAA Airventure

#### MACHINE SHED URBANDALE

August 11-21 | IFAA- Sale of Champions August 11-21 | Iowa State Fair Pie Contest Sponsor

#### MACHINE SHED DAVENPORT

August 2-7 | Mississippi Valley Fair

#### MACHINE SHED LAKE ELMO

August 26-28 | Woodbury Days

